

Panagiotis G. Mantzanas, MD, MSc.

Address: 18, Vamva Street, Piraeus, 18533, Greece | **E-mail:** p.mantzanas@hotmail.com

Tel.: +30 6944663899, +302130276329 | **DoB:** 19/05/1980 | **Marital status:** Single

Current Position

01/2024-Present **Locum Consultant (Orthopaedic)**
KAT Hospital, Athens, Greece

Education

2016 **MSc Degree**
Master of Science Programme: "Metabolic Bone Diseases". School of Medicine, National and Kapodistrian University of Athens, Athens, Greece.
Scientific Field of Research: Atypical Femoral Fractures

2008 **Medical Degree**
School of Medicine, National and Kapodistrian University of Athens, Athens, Greece.

Training

01/2023- 01/2024 **Senior Clinical Fellow (Orthopaedic)**
Ealing Hospital NHS Trust, London, UK

07/2022-01/2023 **Senior Clinical Fellow (Orthopaedic)**
Tallaght Hospital, Dublin, Ireland

01/2022-07/2022 **Senior Clinical Fellow (Orthopaedic)**
Beaumont Hospital, Dublin, Ireland

03/2018-01/2021 **Attending Orthopaedic Surgeon**
Metropolitan Hospital of Athens, Greece

01/2018-03/2018 **Fellowship in Knee Surgery (Chairman, Prof Maurilio Marcacci)**
Humanitas Research Hospital, Milan, Italy

11/2017 **National Orthopaedic Board Exams**
Graduated with honours

08/2016-01/2018 **Chief Resident**
Fourth Department of Orthopedics, "KAT" Hospital, Athens, Greece.

02/2016-08/2016 **Training in microsurgery and upper limb surgery (6 months).**
Upper limb and Microsurgery Department, "KAT" Hospital, Athens, Greece.

08/2013-02/2016 **Resident in Orthopaedics (2.5 years).**
Fourth Department of Orthopedics, "KAT" Hospital, Athens, Greece.

06/2012-07/2013 **Training in Paediatric Orthopaedics (13 months).**
First Orthopedic Department, General Childrens' Hospital "Panayiotis & Aglaia Kyriakou", Athens, Greece.

08/2011-06/2012 **Clinical Auditor (10 months).**
Responsible for auditing referrals for diagnostic tests and prescriptions issued by contracted with the organisation medical doctors.
Public Servants Health Organisation, Athens, Greece.

- 06/2010-07/2011 **Training in General Surgery (13 months).**
Second Department of Surgery, General Hospital of Nikaia "St. Panteleimon", Piraeus, Greece.
- 11/2009-06/2010 **Rural Doctor (8 months).**
General Hospital of Siros, Siros island, Greece & Tinos Health Centre, Tinos island, Greece.

Courses-Workshops

- 04/2025 **London Hip Meeting**, London, UK
- 05/2024 **EFORT Congress**, Hamburg, Germany
- 11/2023 **Arthrex Knee Course**, Birmingham, UK
- 10/2022 **National Orthopaedic Congress**, Athens, Greece
- 03/2018-01/2021 **Training in MAKO robotic-assisted surgery.**
Metropolitan Hospital of Athens, Greece
- 12/06-14/06/2016 **10th Cadaveric Hand Surgery Course**, Athens Medical Center, Athens, Greece.
- 21/01-22/01/2016 **Locking Nailing Training**, Center Hospitalier Universitaire, Strasbourg, France.
- 28/03-12/06/2016 **Microsurgery Hands-on Course** (3-month duration hands-on course containing microsurgical operations on laboratory animals; vessel, nerve, vein anastomosis and arterial reconstruction using vein graft).
- 04/12-05/12/2015 **Masterclass in Arthroplasty** Thessaloniki 2, Complex Primary Hip & Basic Knee Arthroplasty Concepts, including 3 Workshops (TKA, THA, Cement Technique).
- 06/02-08/02/2015 **Yearly Symposium of Intramedullary Nailing.** Department of the Hellenic Association of Orthopedic Surgery and Traumatology with Practical Course.
- 18/10-19/10/2013 **Shoulder Arthroscopy Workshop.**

Moderator in Scientific Meetings

- Shoulder & Elbow Surgery Free Paper Session Moderators: **Mantzanas, P.** Sachini, N.
5th Annual Meeting of the Hellenic Association of Orthopedics and Traumatology Surgery, Athens, Greece, 02/10 - 5/10/2019.

Free Papers in Scientific Meetings

- 10 TERRIBLE TRIAD INJURY OF THE ELBOW. CLINICAL OUTCOME OF 29 PATIENTS
Megaloiconomos PD, Kanellos P, Galanopoulos I, Mantakos D, **Mantzanas P**, Fandridis E, Giannoulis F, Spyridonos S.
EuroHand 2017, XXII Federation of European Societies for Surgery of the Hand (FESSH) Congress & European Federation of Societies for Hand Therapy (EFSHT) Congress, Budapest, Hungary, 21-24 June 2017.
- 9 EXTERNAL FIXATION AND DYNAMIC DISTRACTION WITH KIRSCHNER-WIRE FRAMES FOR COMPLEX PHALANGEAL FRACTURES
Kanellos P, Megaloiconomos PD, Vottis C, Galanopoulos I, Flevas D, Tolis K, **Mantzanas P**, Spyridonos S.
EuroHand 2017, XXII Federation of European Societies for Surgery of the Hand (FESSH) Congress & European Federation of Societies for Hand Therapy (EFSHT) Congress, Budapest, Hungary, 21-24 June 2017.

- 8 TERRIBLE TRIAD INJURY OF THE ELBOW: CLINICAL OUTCOME OF 29 PATIENTS
Megaloikonomos PD, Kanellos P, Mantakos D, Vottis C, **Mantzanos P**, Fandridis E, Giannoulis F, Spyridonos S.
18th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress, Vienna, Austria, 31 May-2 June 2017.
- 7 PARALLEL PLATE FIXATION FOR COMMINUTED DISTAL HUMERUS FRACTURES: LONG-TERM CLINICAL OUTCOME OF 30 PATIENTS
Kanellos P, Megaloikononimos PD, **Mantzanos P**, Bozonelos G, Fandridis E, Giannoulis F, Spyridonos S.
18th European Federation of National Associations of Orthopaedics and Traumatology (EFORT) Congress, Vienna, Austria, 31 May-2 June 2017.
- 6 RESISTANCE PROFILE STUDY OF GRAM-NEGATIVE BACTERIA ORIGINATED FROM BIOFILM OF SONICATED ORTHOPAEDIC IMPLANTS
Stylianakis A, Papaioannou V, Adamopoulos A, Kamariotis S, Lepetsos P, **Mantzanos P**, Katara S, Lelekis M.
26th European Congress of Clinical Microbiology and Infectious Diseases (ECCMID), Amsterdam, Netherlands, April 9-12, 2016
- 5 CLINICAL OUTCOME AFTER SURGICAL MANAGEMENT OF VANCOUVER TYPE C PERIPROSTHETIC FRACTURES
Leptsos P, Giannaris I, Milaras C, Tzeffronis D, Manolis N, **Mantzanos P**, Macheras G. 72nd National Orthopaedic Congress, Athens, Greece, October 12-15,
- 4 CLINICAL OUTCOME AFTER SURGICAL MANAGEMENT OF VANCOUVER TYPE B1 PERIPROSTHETIC FRACTURES
Leptsos P, Giannaris I, Milaras C, Manolis N, **Mantzanos P**, Karagiannis G, Macheras G. 72nd National Orthopaedic Congress, Athens, Greece, October 12-15, 2016
- 3 TREATMENT OF SOLITARY EXOSTOSES IN CHILDHOOD
Megaloikonomos PD, **Mantzanos P**, Roiloul, Pistevos K, Pasparakis D, Markeas N. 69th Greek National Orthopaedic Congress, Athens, Greece, October 2-5, 2013
- 2 OUR EXPERIENCE WITH HEREDITARY MULTIPLE EXOSTOSES THROUGH THE YEARS.
Megaloikonomos PD, Roilou I, **Mantzanos P**, Pistevos K, Pasparakis D, Markeas N. 69th Greek National Orthopaedic Congress, Athens, Greece, October 2-5, 2013
- 1 WHICH CLINICAL CONDITIONS MAY BE MISDIAGNOSED AS "OVERUSE SYNDROMES" IN CHILDHOOD?
Markeas N, **Mantzanos P**, Katzouraki G, Avramidis M, Mpekas G, Pasparakis D. 29th Greek Pediatric Surgery Congress, Athens, Greece, October 2-5, 2013

Award

Best Free Paper Award:

CLINICAL OUTCOME AFTER SURGICAL MANAGEMENT OF VANCOUVER TYPE B1 PERIPROSTHETIC FRACTURES

Leptsos P, Giannaris I, Milaras C, Manolis N, Mantzanos P, Karagiannis G, Macheras G. 72nd National Orthopaedic Congress, Athens, Greece, October 12-15, 2016

Scientific Meetings

- 1 13May2006:32ndNationalMedicalCongress,Athens,Greece.
- 2 5May2007:32ndNationalMedicalCongress,Athens,Greece.
- 3 2nd Seminar: "Current Conceptsfor themanagement of selected problems of theknee and ankle joints" Athens, Greece.
- 4 9May2009:35thNationalMedicalCongress,Athens,Greece.
- 5 24-27November2010:27thNationalGeneralSurgeryForum,Athens,Greece.
- 6 13-16October2010:66thNationalOrthopedicCongress,Athens,Greece.
- 7 3-6October2012:68thNationalOrthopedicCongress,Athens,Greece.
- 8 Symposium of the Adult Reconstruction Department of the Hellenic Association of Orthopedics andTraumatology, Athens, Greece (2013).
- 9 CongressoftheFootandAnkleDepartmentoftheHellenicAssociationofOrthopedicsand Traumatology, Athens, Greece (2013).
- 10 23February2013:Seminarofthe1stand2ndDepartmentofChildren'sOrthopedicsofHospital "Panayiotis and Aglaia Kyriakou" concerning "Musculoskeletal Oncology in children", Athens, Greece.
- 11 30March2013:Seminarofthe1stand2ndDepartmentofChildren'sOrthopedicsofHospital "Panayiotis andAglaiaKyriakou"concerningBasicPrinciplesofFractureManagementinchildrenand teenagers,AthensGreece.
- 12 25May2013:SeminarofSportsMedicineinChildrenandTeenagers,Children'sOrthopedics Department of the Hellenic Association of Orthopedics and Traumatology, Athens, Greece.
- 13 2November2013:GuidelinesfordiagnosisandtreatmentofosteoporosisinGreece,Athens, Greece.
- 14 18-19October2013: ShoulderArthroscopy Workshop,DepartmentofShoulderandElbow ofthe Hellenic Association of Orthopaedic Surgery and Traumatology, Athens, Greece.
- 15 1-4October,2014:70thNationalOrthopedicCongress,Athens,Greece.
- 16 21-22 February2015: Debates in diagnosis andmanagement of patientswith osteoporosis, Athens, Greece.
- 17 39thSpineSymposium"N.Giannestras-P.Smyrnis",Athens,Greece.
- 18 5-7May2015:34thAnnualCongressoftheOrthopedicAssociationofMacedoniaandThrace, Thessaloniki, Greece.
- 19 11-12June2015:OTCFoundationLeadershipForumonChallengesandComplexitiesin Orthopaedic Traumatology, Athens, Greece.
- 20 7-10October2015:71stNationalOrthopedicCongress,Athens,Greece.
- 21 20 - 22 November 2015:Annual Symposium of the Adult Reconstruction Department of theHellenic Association of Orthopedics and Traumatology, Aleksandroupoli, Greece.
- 22 4-5 December 2015: Masterclass in Arthroplasty Thessaloniki 2, Complex Primary Hip & BasicKnee Arthroplasty Concepts and 3 practical surgical sessions, Amphitheater «Papageorgiou» General Hospital, Thessaloniki, Greece.
- 23 21-22January2016:LockingNailingTraining,CenterHospitalierUniversitaire,Strasbourg,France.
- 24 6-8February2016:AnnualSymposiumoftheIntramedullaryNailingDepartmentoftheHellenic Association of Orthopedics and Traumatology, Dimitsana, Greece.
- 25 26-29 February 2016: 14th National Congress of the Hellenic Association of Physical Medicine and Rehabilitation, Athens, Greece.
- 26 2April2016:SeminarofOrthopedicRehabilitation,Athens,Greece
- 27 5-7May2016:35thAnnualCongressoftheOrthopedicAssociationofMacedoniaandThrace, Thessaloniki, Greece.

- 28 12-14May2016:10thCadavericHandSurgeryCourse,AthensMedical Center,Athens,Greece.
- 29 12-15October2016:72ndNationalOrthopaedicCongress,Athens,Greece.
- 30 4-5November2016:UpperLimbTrauma,KATHospital,Athens,Greece.
- 31 4February2017:2ndSeminarofOrthopaedicsandRehabilitation:Amputations,Orthopaedic Research and Education Center, "P.N. Soucacos", Athens Greece.
- 32 12/03-16/03/2019:AmericanAcademyofOrthopaedicSurgeonsAnnualMeeting(AAOS2019), Las Vegas, USA.
- 33 02/10-5/10/21019:75thAnnualMeetingofthe HellenicAssociationofOrthopedicSurgeryand Traumatology,Athens,Greece

Administration

- 12/10-15/10/2016 Member of the Organising Committee of the 72nd National Orthopaedic Congress, Athens, Greece.
- 2013–2016 Residents' representative at the Hellenic College of Orthopaedic Surgeons.

Languages

- Mother tongue **Greek**
- Other language(s) **English:** Proficient user
International English Language Testing System (IELTS) 2009

Social skills

Good communication (written/oral) and interpersonal skills. Good presentation skills gained through presentations delivered.

Organisational skills

Good project and time management skills, working as a member of team projects. Good teamwork and leadership skills, improved through work experience.

Disciplined approach to investigate and analyse problems, design creative solutions and evaluate results, enhanced through research and work experience.

Computer skills

Excellent command of Microsoft Office™
Applications
Advanced skills in Internet research

Other Interests

Ex-professional basketball player with multiple Greek Basketball teams, as well as the National Basketball Team of Greece (1996-2006).

Attendance in numerous Orthopedic Meetings and Congresses.

Cinema, Music, Literature.

Athletic achievements

- 2002 Greek Basketball Cup victory with the Olympiacos BC team.
- 1999 Bronze Medal in the European Championship for Junior Men with the National Basketball Team of Greece, Sofia, Bulgaria.
- 1999 Seventh Position in the World Championship for Junior Men, with the National Basketball Team of Greece Lisbon, Portugal.

References

George A. Macheras, MD, PhD

Director of the Fourth Department of Orthopaedics

«K.A.T.» General Hospital,

2 Nikisstr, 14561 Kifissia, Athens, Greece

Tel. +302132086319

E-mail: gmacheras@gmail.com

Nickolaos G. Markeas, MD, PhD

Director of the Second Department of
Orthopaedics Panagiotis & Aglaia
Kyriakou Children's Hospital Thivon &
Levadias str, 11527, Goudi, Athens,
Greece Tel. +30213
2009339
E-mail: markeasn@otenet.gr

